



Julie Greenslade

Project Co-Ordinator

A Good Life Project

Upper Wensleydale Community Office

The Neukin

Neukin House

Market Place

Hawes

DL8 3RA

07817 711227

# Coronavirus

Do you know someone within your village who has had to self-isolate?

Please take a card, post it through their door and encourage them to ring A Good Life Project.

We will do our best to help.

Many local businesses are offering a free delivery service, people within our villages have volunteered to help with telephone calls, dog walking, shopping etc to ensure that at risk members in our communities feel cared for, acknowledged and as safe as possible.

Lots of the usual social gatherings have had, for all the right reasons, had to stop meeting. This may well lead to feelings of isolation and loneliness – please help us to keep everyone in The Upper Dales as happy and included in day to day life as possible.