

Hello! If you are self-isolating, we can help.

A Good Life Project is co-ordinating help for those who need it.
.....

We have volunteers in our villages who are willing to help
.....

Telephone: 07817 711227
.....

If you are self-isolating due to COVID-19 we can help with:

- | | |
|--|--|
| <input type="checkbox"/> Picking up shopping | <input type="checkbox"/> Posting mail |
| <input type="checkbox"/> A friendly phone call | <input type="checkbox"/> Urgent supplies |



Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness

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